

## **UM Medical Mission: CHSE UMagapay**



Recognizing the critical need for healthcare awareness, CHSE launched this project to bridge the gap in medical knowledge and services, particularly among the Bagobo Tagabawa Indigenous Community in Barangay Catigan. The initiative was also in response to the community's expressed concerns about the limited access to accurate health information and medical assistance.

By addressing these gaps, the college aimed to enhance community understanding of essential healthcare practices and the importance of preventive measures residents have availed the free medical services.





CHSE UMagapay Medical Mission offers invaluable experience to student volunteers, giving them the opportunity to apply their knowledge in practical settings while fostering a sense of social responsibility. CHSE is committed to promoting community health, and future initiatives will prioritize expanding outreach efforts and strengthening partnerships within the community to create a lasting impact on public health. This initiative supports CHSE's mission of making healthcare education and services more accessible, ensuring that all communities, especially indigenous groups, receive the medical care they deserve.



## Committed to Care 2.0 Project C2C: Classroom to Community



The Committed to Care 2.0 (C2C) Initiative is a flagship community engagement project of the College of Health Sciences Education (CHSE). Focused on outcomes-based learning through collaboration with local communities. Launched in 2023 to address malnutrition and poor health outcomes in vulnerable sectors of Davao City.

The immediate, measurable results of Committed to Care 2.0 Project C2C: Classroom to Community demonstrated positive community impact across its four target barangays.

The target population includes identified communities in Davao City with a high incidence of malnutrition and nutrition-related diseases. By working directly with community partners, including the City Health Office (CHO) and local barangays, students co-design and deliver programs that respond to specific community health needs. At the heart of Project C2C is the principle that sustainability is all about relevance, impact, and value.

Project C2C transforms the traditional classroom into a platform for sustainable development, professional formation, and social accountability. It is when Outcome-Based Education meets community empowerment, and where students become co-creators of lasting change.



mothers previously identified with low levels of knowledge on Infant and Young Child Feeding (IYCF) practices showed significant improvement, with all scoring 75% and above in post-tests following series of nutrition education sessions using student-designed IEC materials.

families who initially lacked knowledge on prescription drug use and basic therapeutic management for lifestyle-related conditions exhibited increased awareness and understanding after targeted sessions.

percent increase in the number of mothers with improved knowledge and skills. Although changes in children's nutritional status take time, Barangay Nutrition Scholars (BNS) reported notable improvements in child feeding patterns.



## "Superhero Hygiene: Power Up with Clean Hands and Bright Smile" program



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The Superhero Pledge, in which children committed to promoting and embracing hygienic behaviors in their homes and communities, was a program highlight. This symbolic pledge embodied the initiative's goal of developing young health champions who improve their peers' overall well-being.

The "Superhero Hygiene" program reflects a proactive effort to promote public health. By imparting essential hygiene knowledge, the initiative supports disease prevention, reduces the risk of illness, and fosters healthier school environments.